

Kilmurry Ibrickane Parish Newsletter
Sunday 2nd April 2023
When there is a funeral in the Parish, there won’t be any
9.15am Mass that day.

- Masses for the week:**
- **Community Led Liturgy on Monday at 9.15**
 - **Mass at 9.15am – Tuesday & Wednesday**
 - **Mass Holy Thursday at 7pm Mullagh Church**
 - **Good Friday at 3pm in Quilty Church**
 - **Holy Saturday at 7pm Mullagh Church**
 - **Easter Sunday - Dawn Mass at 5.45am in Spanish Point (weather permitting)**
 - **Easter Sunday at 11am Coore Church**

QUILTY CHURCH: Saturday 1st April at 7.15pm
Liturgy of the Word with Holy Communion (Rosary at 6.55pm)

COORE CHURCH: Sunday 2nd April at 9.30am
Liturgy of the Word with Holy Communion (Rosary at 9.05am)

- MULLAGH CHURCH:** Sunday 2nd April at 11am
- Paddy & Mary Comber, Carhuligane
 - Paddy Cooney & deceased members of the Cooney Family
 - Martin Maloney & deceased members of the Maloney & Neenan family
 - Margaret Morrissey, Ballymakea
 - Gerry Murphy 4th Anniversary
 - Claire Kelly
 - Mae Torpey – 10th Anniversary

Easter Holy Week Ceremonies 2023
Holy Thursday
Miltown Church at 6.30pm - 105.2fm
<http://www.miltownmalbayparish.ie/web-cam/>
Mullagh Church at 8pm www.kibparish.ie/webcam
Good Friday
Miltown Church at 3pm 105.2fm
<http://www.miltownmalbayparish.ie/web-cam/>
Quilty Church at 3pm
Stations of the Cross at St. Josephs Well at 7pm
Holy Saturday
Mullagh Church at 7pm www.kibparish.ie/webcam
Miltown Church 9pm 105.2fm
<http://www.miltownmalbayparish.ie/web-cam/>
Easter Sunday Dawn Mass in Spanish Point
5.45am – weather permitting. Refreshments at the Golf Club, Spanish Point
Easter Sunday
Moy Church at 9.15am
Coore Church at 11am
Miltown Church at 12.15pm 105.2fm
<http://www.miltownmalbayparish.ie/web-cam/>

Reader & Eucharistic Minister for Coore on Easter Sunday at 11am

Eucharistic Ministers – Blan Sexton
Reader for 9th April – Áine Sexton

Parish Office: Tue, Thur & Fri 9.30am – 3.30pm

GROUPED ANNIVERSARY MASSES IN OUR PARISH:
Quilty Church Saturday 29th April at 7.15pm
Coore Church Sunday 30th April at 9.30am
Mullagh Church Sunday 7th May at 11am
Please book anniversary Mass through Parish Office
0851872212 or email: office@kibparish.ie

Donations to Parish Funds, Priest & all other collections can also be made online on www.kibparish.ie Donate online

DIOCESE OF KILLALOE MASS OF THE CHRISM
You are invited to join Bishop Fintan, your local priests and new ministers in celebrating Mass of the Chrism in Cathedral SS. Peter & Paul, Ennis on Spy Wednesday 5th April 2023 at 7.30pm

KIB Active Retirement is on every Thursday at 2pm in Mullagh Sportsfield. All Welcome.

MULLAGH N.S. FUNDRAISER: Our first fundraiser in 3 years will take place on Friday evening, April 28th. The Mullagh N.S. 6km Fun Run/Walk will make its return and we look forward to a very enjoyable and fun evening. In conjunction with this, we are running a monster raffle. If you have seen the prize list to date, I'm sure you will agree that what's on offer is just amazing. Tickets can be bought:

- directly from school by contacting any of the members of staff,
- on the evening of the Fun Run/Walk or
- from our parent volunteers who are very busy selling tickets throughout the local community.

Many thanks to all for your support and help with our fundraising efforts.

THE MULLAGH BRANCH OF THE APOSTOLIC WORK SOCIETY are holding their annual Display and sale of work on this Sunday 2nd April from 12 noon to 4pm in the Parish Hall Mullagh. We would appeal to our parishioners to support this dedicated group of workers who work all year long sewing and knitting for the missions. There will be a sale of work of many interesting items: a cake sale, plants, books, home made jam. A raffle will be held for lots of nice prizes / hampers. We would appeal for the generosity of the people in our parish to do some home baking for our cake sale. Homebaking can be dropped into Mullagh Parish Hall from 10.30am on Sunday 2nd. We look forward to seeing you all on the 2nd April.

MULLAGH SPORTS FIELD have organised a scrap steel fundraiser to help raise funds for our new inclusive playground. We are asking people to donate scrap steel, old farm machinery, metal/copper piping, galvanised sheeting etc to the sports field on April 5th to 10th. Your help is greatly appreciated. Contact 087 6471671 for more details.

Clean Coasts Roadshow: The Clean Coasts Roadshow for Co. Clare is coming to the Armada Hotel, Spanish Point on Monday April 3rd at 6.30 pm. This is part of a series of free talks and workshops for coastal communities which take place around the coast of Ireland. The Roadshows aim to bring together all those with an interest in protecting their local beaches, marine life and environment. Come along to hear about the work done locally and nationally to keep our coastline clean. Bring a friend.

WEDNESDAY ON THE WEB APRIL 12TH
Garda Triona Brooks will give some helpful hints on keeping your house safe from intruders during the summer months. She will also give some tips on personal safety. Tune in on the Miltown

Website: www.kibparish.ie

Church webcam www.miltownmalbayparish.ie/web-cam/ or radio 105.2fm

SYMPATHY: We offer our sympathy, support and prayers the family of Zeta Byrnes, daughter of Jim & Mary Byrnes, Mullagh Road. Rest in peace Zeta.

COORE N.S. ENROLMENT: : Parents wishing to enrol pupils in Coore National School for September 2023 please contact the school at: 065-7087592 or email coorenational@gmail.com for an enrolment form.

AOIBHE KING FITNESS: Classes in Mullagh Hall every Wednesday from 7.30pm to 8.30pm. €10 per class. All are welcome!

MURRAY FITNESS COACH: Classes in Mullagh Hall on Mondays at 7pm and Wednesday mornings at 9.30am. €10 per class. All are welcome!

FRANCISCAN PILGRIMAGE 22ND SEPTEMBER: Autumn Diocesan pilgrimage 2nd October. Flight from Shannon Airport, travel time is less than two hours to Lourdes.

PERSONAL ALARMS/SENIOR CITIZENS: We hope to apply for the grant to get Personal Alarms for our Senior Citizens. A personal alarm gives you the security to press a button to call for help in the event of an emergency. We would need to get a number of people in order to apply for the grant. If you are interested in a personal alarm please contact Mary 087 6200219.

KIB SPORTS LOTTO The Last Jackpot was: €4,000 Numbers 10, 25, 26, 32. **NO Jackpot Winner. €100 Winner: Michael Nugent, Dublin.** €20 Winners Ann Galvin, Quilty. Joe Conlon, Clounlaheen. Seamus Murrihy, Shandrum. John Sexton, Ballymakea. Isabel & Sophia King, Ballymakea. Next Draw Monday 03/04/2023 and Jackpot will be €4100! Please support KIB Sports Lotto on www.localotto.ie Lotto tickets are on sale in Beatrice's XL Shop Quilty, Committee members.

MEDJUGORJE PILGRIMAGES 2023: Direct flights to Mostar – Medjugorje – Shannon to Medjugorje in half the time! 13th to 20th September €815. Only €100 deposit to secure your place. 7 night group pilgrimage with James Considine – Fr. Pat Larkin as Spiritual Director. Contact James Considine 065 9059328 or 085 7385385.

WEST CLARE MENTAL HEALTH ASSOCIATION: West Clare Mental Health Association Peer Support Meetings every Tuesday 7-9pm & Friday 5-7pm in The Lighthouse Kilrush Weekly Woodland Wellbeing Walk every Tuesday 11am Vandeleur Woods Kilrush Contact 085 8559511 email: westclaremha@mentalhealthireland.ie <https://westclarementalhealth.ie>

SAMARITANS: The Samaritans provide a listening ear 24/7. They can be contacted on 116 123

SVP: SVP reaches out to all who might be struggling with these difficult economic times. They may be contacted on 086 2168749 - Email: mwsvp2021@gmail.com

GA MEETING: A meeting of Gamblers Anonymous takes place every Thursday from 7.30pm to 8.30pm in Clarecare, Harmony Row, Ennis.

ARCHBISHOP EAMON MARTIN is leading a pilgrimage to Fatima from 20th – 27th July 2023. He would like pilgrims from all dioceses in Ireland to travel with him. Cost for 7 days is £799/€899 per person sharing. Flights depart Dublin at 6.05am Thursday 20th July arriving in Fatima 11.00am. Single room supplement and insurance is additional. For further information contact Joe or Maureen McLaughlin on 00442890701606 or 00447711808207.

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Easter Bunny Fun Run Miltown Malbay N.S. is holding an Easter Bunny Fun Run on Easter Sunday. This is a fundraiser for the Miltown Malbay Community M.U.G.A. (Multi Use Games Area) The Easter Bunny Fun Run will start and finish at St. Joseph's G.A.A. grounds. Registration for the Fun Run will start at 9.30am at the Club House with the Fun Run starting at 10.30am. The fundraising committee would appreciate as much support as possible. Please spread the word and come along on Easter Sunday morning.

M.U.G.A. Fundraising Golf Classic The Fundraising Committee of the Miltown Malbay Community Multi Use Games Area (M.U.G.A.) are organising a Golf Classic on Fri. 14th and Sat. 15th April. For Tee Time

Webcam: www.kibparish.ie/webcam

Bookings please contact Kieran 087-1386855 or Seamus 086-1527831. We are looking for main sponsors and tee box sponsors. Please contact Kerry 085-1091387 or Marion 087-4119460 to discuss the options available. All support is greatly appreciated. Looking forward to making this a big success for our Multi Use Games Area.

Vision Fitness Shanaway - Contact Deirdre on 085-1044016: Monday & Thursday - Mum & Baby/ Toddler Class 9:45/10am

Mum and Baby class means you can bring your baby/toddler to class with you or you can come without. This class is a full body workout and suitable for everyone. The class is for any mum that finds it easier to workout in a group environment. Or for any mum that just wants to get back exercising and is struggling to do it yourself. For mums that do not have childcare or do not want to call on those favours just for an exercise class. For anyone that wants to lose weight we will put a plan in place for you to achieve this and do weekly weigh-ins. **Monday & Thursday - Sculpt Strength 5pm-7pm:** This is a 6 week strength training program. We also do a 1lb weight loss challenge over the course of the 6 weeks. Nutrition advice and weekly weigh-ins. **Monday & Thursday - Boxercise Circuits 7:30pm:** Boxercise Circuits is a 45 min full body workout. It combines boxing, body weight and weight exercises. This will be like my previous circuits class with the addition of boxing. **Wednesday - Tone & Stretch 8pm:** Tone & Stretch is back! New improved format. This class is for anyone that wants to workout at a lower intensity. The focus will be on strengthening the body. Improving mobility by strengthening the muscles around your joints.

VEGAN COOKING CLASSES Would you like to know how to cook vegan meals? LCETB are running a 4 week class, starting Monday 17th April at Miltown Malbay Campus, Ballard Road. For further information or to book a place phone 0860319160 or email arlene.doris@lcebt.ie.

REFLECTION
Prayer for Holy Week by Christine Sine
God, as we journey through Holy Week toward the cross,
May we remember the wonder of who you are.
Beyond sin, your love is inexhaustible,
Beyond brokenness, your forgiveness is incomprehensible,
Beyond betrayal, your grace is poured out eternally,
Beyond death your life is unimaginable.
Beyond human understanding, your ways are always higher than ours.

LAYING DOWN MY BURDENS
Cross-bearer and Wearer of the Wood
Many are the burdens that press with force
Upon my spirit as I trudge through life.
These cares and concerns weigh heavily,
Pushing their energy upon both mind and heart,
Taking their toll, lessening my power to love well.
These burdens shape themselves into leaden anchors
Of growling self-pity and loss of self-confidence.
They snatch away joy and destroy empathy.
Today I choose to release their useless weight.
I am ready to stop dragging them alongside me.
Here are my troubles, struggles, and afflictions.
I lay them down before your cross, I let them go.
I undo the clutching of shame, guilt and blame.
I step back from painful patterns of the past
That leak into my current thinking and behaviour.
I do not need to drag down my life under the bulk
Of these needless burdens bearing weight on me.
I deliberately move on with fresh freedom,
Placing faith in your strength and compassion,
I leave my burdens here with you today.
I will not take them back.

KIB Parish Office Opening Hours this week:
Tuesday & Thursday from 9.30am to 3.30pm

Parish Collection
March 17th/18th/19th and 25th/26th €1,420

KIB Defib: 065 7050123